



National Nutrient Database for Standard Reference

Release 28 slightly revised May, 2016

Statistics Report 19083, Candies, sweet chocolate coated fondant

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Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water	g	7.70	--	0.671	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Energy	kcal	366	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Energy	kJ	1533	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Protein	g	2.20	--	0.299	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Total lipid (fat)	g	9.30	--	1.300	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Ash	g	0.40	--	0.026	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Carbohydrate, by difference	g	80.40	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Fiber, total dietary	g	2.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Sugars, total	g	71.42	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Minerals													
Calcium, Ca	mg	17	--	2.291	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe	mg	1.56	--	0.028	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Magnesium, Mg	mg	63	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Phosphorus, P	mg	95	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Potassium, K	mg	168	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Sodium, Na	mg	26	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Zinc, Zn	mg	0.45	--	0.166	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Copper, Cu	mg	0.430	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Manganese, Mn	mg	0.400	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Selenium, Se	µg	1.6	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Thiamin	mg	0.026	--	0.010	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Riboflavin	mg	0.058	--	0.014	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Niacin	mg	0.575	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Pantothenic acid	mg	0.024	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin B-6	mg	0.010	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Folate, total	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Folic acid	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Folate, food	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Folate, DFE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Choline, total	mg	2.8	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/1997
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin A, RAE	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Retinol	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Vitamin A, IU	IU	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003
Lycopene	µg	0	--	--	--	--	--	--	--	--	Calculated or imputed	--	02/2003

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lutein + zeaxanthin	µg	4	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin E (alpha-tocopherol)	mg	0.13	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Tocopherol, beta	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Tocopherol, gamma	mg	0.00	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone)	µg	2.1	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Lipids													
Fatty acids, total saturated	g	5.460	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
13:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
14:0	g	0.009	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
15:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
16:0	g	2.317	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
17:0	g	0.005	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
18:0	g	3.035	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
20:0	g	0.026	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
22:0	g	0.002	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
24:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Fatty acids, total monounsaturated	g	3.090	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
14:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
15:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
16:1 undifferentiated	g	0.018	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
17:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
18:1 undifferentiated	g	3.067	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
24:1 c	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Fatty acids, total polyunsaturated	g	0.300	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
18:2 undifferentiated	g	0.281	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
18:3 undifferentiated	g	0.014	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
20:2 n-6 c,c	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
20:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Cholesterol	mg	0	--	0.000	--	--	--	--	--	--	Analytical or derived from analytical	--	08/1991
Amino Acids													
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Caffeine	mg	10	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006
Theobromine	mg	185	--	--	--	--	--	--	--	--	Calculated or imputed	--	12/2006